## **Forest Glen Favorites!**

## These are some neighborhood favorites - Hope they become yours too!

**FAMILY NEEDS:** 

Pediatrician: Salisbury Pediatric Associates

Primary Care Physician: Rowan Family Physicians, Piedmont Family Medicine, Rowan Diagnostics

Dentist: Dr. Ken Washco, Dr. Steve Yang, Dr. David Mayberry

Baby Sitter / Sitting Service:

Vet: Lazy 5 Veterinarians, Salisbury Animal Hospital

Pet Sitter/Daycare/Groomer:
 Salisbury Animal Hospital, Lazy 5 Camp Wagon Tails, Animal House

Gentle Groomer

**OUT and ABOUT:** 

Way(s) to learn about Salisbury: Visitors Bureau, Salisbury Post, Trolley Tours,

Downtown First Friday, Saturday Farmer's Market

Family Fun Activities:
 Dan Nichols Park, Lazy 5 Ranch, Farmer's Market, First Fridays Downtown

Park(s): Dan Nichols Park

Gym/Workout: YMCA, The Forum, Planet Fitness

Family Restaurant (s):
 East Coast Wings, Smoke Pit, Go Burrito, Il Colleseo, Ting Hao, Ichiban japanese

Favorite Date Night Restaurant (s): La Cava, Sabidee, Chef Santos, Sweet Meadow, Mambo Grill, City Tavern,

Morgan Ridge Winery, Shuckin' Shack

Favorite Nail Salon(s): Salisbury Spa & Salon, Solar Nails, Avalon Nails, Greystone Spa & Salon
 Favorite Spa Service(s): Massage, Waxing, Skin Care (s): Greystone, Salisbury Spa & Salon

Hair styling location(s): Hair Associates, Taj Salon, Studio One (G.Q)

Volunteer Opportunities: Rowan Helping Ministries, Meals on Wheels, Community Care Clinic.

## **HOME SERVICES:**

Home repair/ Handyman: Home Maintenance Professionals,

Landscapers: On The Job, Distinctive Naturescapes, A Perfect Rose, Robert Watts, Godleys

Lawn Service: On the Job, Distinctive Naturescapes, Paradise
 Lawn Irrigation maintenance/repair: David Wooten Irrigation and landscaping

Appliance repair company: Ron's Appliance Repair, Queen City Appliance

Painter/Painting company: Woody's, Certa Pro, Richards

Plumber: Chris Payne 704 400-6316, David Barnes: 704 645-8323

Roofer: CPR Roofing, Graham Roofing
Exterminator: Terminix, Peeler Environmental

Electrician: Medley Electric, Tim Schenk 704 633-8056

Window Cleaning
 Carpet/Floor Cleaning:
 Salisbury Rug and Carpet Cleaning

Wild life issues: Piedmont Wildlife Services
 HVAC: Medley Electric, Stoudt Electric